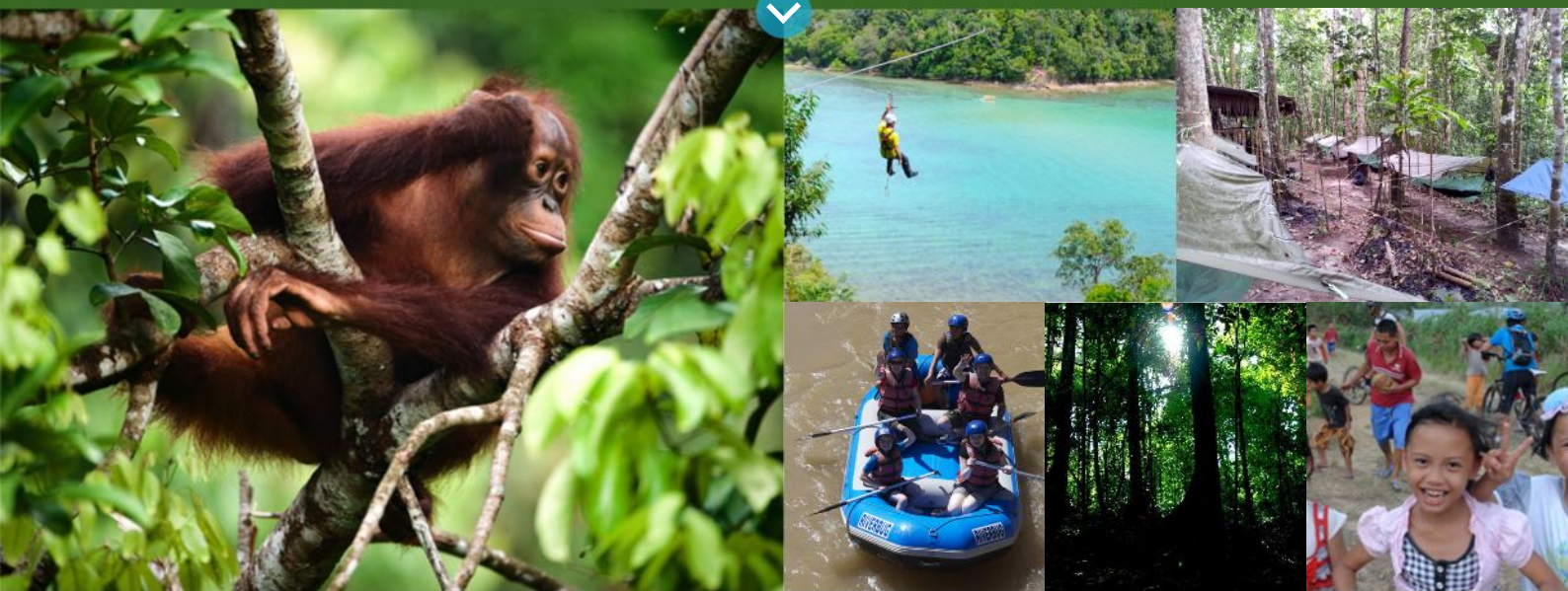


Borneo

Lost World of Sabah



While Borneo is a well known destination there are parts which are wild and less well known. The primeval wilderness that is Sabah's lost world is something to behold. This incredibly diverse and tough expedition will challenge students as they trek under the canopy of soaring dipterocarp trees in an area first discovers an aircraft crashed there. exceptional multi-activity expedition taking us from steamy jungles to the lofty heights of Mt Kinabalu. Along the way, we travel through friendly farming communities amid the river plains, paddy fields and picturesque hills surrounded by rubber farms and orchards. Our destination is the spectacular Mt Kinabalu, the highest mountain in South East Asia. After a well deserved rest day we continue to the mighty Kinabatangan river with spectacular wildlife viewing and a two day community water project. The expedition draws to a close with an exhilarating day of white water rafting followed by two days to chill on a tropical island.



Recommended itinerary

Culture shock rating: 

Physical rating: 

Day 1 – Upon arrival in Borneo, you will be met at the airport and transferred to your hostel. (D)

Day 2 – A 45 minute transfer will take us to the start of the day's mountain biking adventure which will involve two to three hours of biking on a very quiet village road. You will pass through beautiful villages on hanging bridges, single track trails, rubber and pineapple plantations, and more. During this fabulous day on the bike, you will be greeted by friendly locals and will see every day life in Borneo in action. After biking, it's a short 20 minutes transfer to Ranggalau Camp for a swim in the beautiful Kiulu river and our bed for the night will be in stretcher hammocks! (B,L,D)

Day 3 – After a short 30 minute transfer to the start of the trek, we will set off for a four hour hike towards Kpg Sinansag, a village of the **Dusun people**. We may get to witness (and join in with) a cultural performance by the villagers. We will bed for the night either in the community hall (in mosquito nets) or hammocks. (B,L,D)

Day 4 – We start trekking early to avoid the heat. Starting first with an uphill climb, we will then descend for a couple of houses through rice fields and scattered tiny villages before arriving at Kg Moingob, another Dusun village. From here it's a lot of uphill towards Kg Rungus Mahaba. On a clear day the view of **Mt Kinabalu** from the village is quite breathtaking! Again we sleep in hammocks. (B,L,D)

Day 5 – Today will take us to see more remote villages, steep rice fields, pineapples and other fruit farms, smiling villagers and steep hills to climb and descend. About 65% of today's trek is open, so we will need to take it slow and stop for rest regularly to rehydrate. On arrival in the bustling market town of **Pekan Nabalu** – we will be rewarded (on a clear day) with fantastic views of Mt Kinabalu. A short 20 minute transfer and we arrive at our B&B at the foot of the iconic World Heritage Site, Mt Kinabalu. (B,L,D)

Day 6 – It's a well deserved R&R today, where the air is cool and fresh! An opportunity to visit the **Kinabalu Park**, **Poring Hot Springs**, the **Kundasang war Memorial** and the **Desa Cattle dairy farm**. (B,L,D)

Day 7 – Today we take the bus on the 6 hour journey to the world famous **Sepilok Orangutan Rehab Centre**. Our accommodation for the night will be a B&B in Sepilok and tonight we go on a night trek at the **Rainforest Discovery Centre**. (B,L,D)

Day 8 – We will witness the 10am feeding of the orangutans, and after a quick lunch ourselves, we make the two hour bus journey to our Community Project site at Bilit village, on the mighty **Kinabatangan river**. Bilit is home to the **Orang Sungai** (literally 'River People') of Sabah. Tonight, we

are welcomed by our host families at their Homestay where we will stay for the night. (B,L,D)

Day 9 – It's Project day. We work on water tanks and pipes to provide fresh water for the villagers. There is an opportunity for an evening wildlife cruise to spot wild animals and we may get the chance to see the pygmy elephants (if lucky), wild orangutans, the endemic proboscis monkeys, crocodiles, the majestic hornbill and the many other animals that make the lower Kinabatangan their home. (B,L,D)

Day 10 – Project Day 2. Tonight we may join the villagers in a cultural show. (B,L,D)

Day 11 – We bid farewell to our host families and make the 7-8 hour bus journey back to KK. (B,L,D)

Day 12 – Another day of a well deserved R&R, and an opportunity to get to know KK a little bit better. (B,L,D)

Day 13 – We are up very early and make the 6-7 hrs bus journey to "Sabah's Lost World" – **Maliau Basin**. It is a 130 million year old forest, pristine and untouched! Tonight we sleep in stretcher hammocks at **Agathis Camp**. We are at the heart of Sabah! For those of us with the energy, there will be an opportunity to go on a magical night walk. (B,L,D)

Day 14 – After breakfast we will set off for a very challenging 6-7 hour trek, heading uphill and over the rim of the basin before arriving at **Nepenthes Camp**. (B,L,D)

Day 15 – Today we do trek to a number of beautiful waterfalls. The slope going down towards **Takob-Akob Waterfall** can be quite treacherous, especially when wet, but it's worth the effort! Tonight we are back at Nepenthes Camp for another night's sleep. (B,L,D)

Day 16 – It's a 5 hr trek to the awesome 7-tiered **Maliau Waterfall**, the most famous of them all. We then trek to **Ginseng Camp**, our accommodation for the night. (B,L,D)

Day 17 – We then trek back 5-6 hrs to Agathis, and then the arduous bus back to KK. We'll be based in KK from now until we depart. (B,L,D)

Day 18 – After these long hiking days, R&R will be very welcome! (B,L,D)

Day 19 – After spending 5 days at the altitude of Maliau Basin, it's time for some water! The 3.5 days' PADI Open Water dive course will be how the next few days will be spent with the best PADI Instructors Sabah have to offer. (B,L,D)

Days 20 – 22 – PADI Course. (B,L,D)

Day 23 – More water – this time rafting down the Kiulu river. (B,L,D)

Day 24 – Shopping and leisure. (B,L,D)

Day 25 – Depart KK (B)

Important information: It is important to realise that the itinerary needs to be flexible. While every effort will be made to follow the above schedule, in the event of political problems, airline schedule changes or natural events, we will do our best to make your trip as enjoyable and hassle-free as possible, but it is important to EXPECT THE UNEXPECTED and be prepared to accept some slight changes. Relax and have faith in your guides.



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