



5 Days

Slovenia

Multi-Activity Expedition

This adrenaline filled 6 day school expedition brings out the best Slovenia has to offer. The famous Soča Valley attracts adventure sport enthusiasts from all over the globe for year-round water, land and even air sports... and this trip takes advantage of exactly that!

With a days worth of downhill biking through the muddy turns of Bovec's surroundings, a day on the water in team rafts and solo Hydrospeeds and a night in a mountain hut during a breath taking 2 day hiking challenge, you'll no doubt be ready for a hammock session at the end of it all.



Recommended expedition itinerary

Day
1

Arrive Ljubljana

Fly from the UK to Ljubljana, Slovenia, where our local staff and vehicle will meet us at the airport. After transferring to our hostel for dinner an early night is a good idea in preparation for tomorrow and the mountain biking.

Day
2

Mountain biking

Be prepared for a full on day of mountain biking in the wild Julian Alps. After a hearty breakfast we prepare the bikes and gear and then head out in the trail. Our well qualified and expert guides will ensure we get the most from this energy sapping day. We continue into the afternoon after a lunch stop on the trail. We will return in time for a well earned supper at the hostel and then a good rest in preparation for the water activities the next day.

Day
3

Rafting & Hydrospeed

Today will be a little more relaxed, but no less exciting, as we don our wetsuits and head for the river! Today we split the day in two and spend the morning rafting and after a picnic lunch, the afternoon hydrospeeding down the river. Depending on the water levels this may change and the afternoon could be climbing or zip lining. Whatever the environment dictates the outcome will be the same, tired and happy students! Get plenty more rest as the next day we head for the mountains.

Day
4-5

Hike and overnight

We will head for a night in the high mountain and possibly the opportunity to top out on the summit of Triglav. In Slovenia you do not come of age unless you climb Mount Triglav! The ridges and valleys are amazing and there is a mixture of paths and via ferrata. Although challenging this is well within the scope of the less experienced hill walker and our expert mountain guides will ensure you get the most from your mountain experience. A night spent in a mountain hut is a real adventure, but don't expect too much sleep! After descending we will take the transport back to our accommodation for our final meal and to reflect on adventures had!

Day
6

Departure

After breakfast we will get the bus back to airport for our flight back.



Further information

Look what's included!

- International flights
- All accommodation
- All food
- All transportation and activities
- Bi-lingual, first-aid qualified local expedition leader
- Parent and student expedition launch evening
- Comprehensive pre-expedition training programme
- 1-day offsite safety INSET day for staff
- ATOL financial protection
- Medical Emergency / Repatriation Travel Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Carbon offsetting of all flights
- Free t-shirt for every participant and teacher

What's excluded?

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations
- Personal spending money
- Tips for guides, drivers and porters
- Airport departure taxes paid locally
- Cancellation and personal effects insurance

Your expedition timeline



Physical expedition rating:



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase if your underlying fitness levels would help you get the most from this grade trip.

Culture shock rating:



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.

A journey of 1,000 miles...

Starts with a single step... Contact us now to start your expedition journey

1 Get your tailor-made proposal and further information

If this itinerary doesn't quite scratch your expedition itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an itinerary just for you. Contact us for more information and a detailed quote.

2 Ask for risk assessments and marketing materials

We can provide initial risk assessments and destination threat assessments to help you with your expedition approval process. Ask for posters and your pre-booking information pack too.

3 Arrange an expedition launch evening at your school

This is a chance for students and parents to hear more about the expedition with a comprehensive information evening with opportunity for questions.



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