



10 Days

Kenya

Rift Valley Adventurer

Showcasing the very best of this magical country, our 10 day Kenyan Adventurer is packed with activities and natural wonders, from the grassy plains of the rift valley to snow capped peaks. We seek to blend a learning experience with a healthy dose of adventure. If it's nature you're looking for you'll be hard pressed to beat Kenya as a destination with its annual great migration of millions of wildebeest or the pink blush of Lake Nakuru densely populated with flamingos. You will also veer off the beaten track to visit one of the top producing flower exporters in Lake Naivasha as well as the acclaimed Elsamere Conservation Centre. There is also the thrill of White Water rafting in the Tana River and a day trek to a dormant volcano to wrap up a truly memorable adventure.



Recommended tour itinerary

Day 1-2

Arrive Nairobi, Great Rift Valley

Jambo! Welcome to Kenya. We are met by our tour leader on arrival and transferred directly to the Great Rift Valley. Our destination today is the dramatic Njorowa Gorge (2 to 3 hours drive). On route we'll stop at a viewpoint over the great rift valley to witness directly the forces of nature as we see evidence of how shifting plate tectonics have shaped the landscape. Heading further north we enter Hells Gate National Park and enjoy the exhilaration of our first game drive on the trip before we set up camp.

Tonight's camp is in a superb location, fifty metres up on a spur of ground overlooking the whole valley. Wildlife abounds with herds of buffalo, giraffe and Kongoni likely to be grazing below. There is nothing quite like camping under the African skies!

Day 3

Activity Day

The morning is spent climbing, abseiling, hiking or game driving in the park. We are likely to encounter giraffe, zebra, buck and buffalo amongst others. The local crags offer great single pitch climbing on Fisher's Tower and Fisher's Cliffs. The climbing is best done in the early morning until 11 a.m. and in the latter part of the afternoon when temperatures have dropped and it is cooler. In the afternoon we head down into the Njorowa Gorge to take a look at volcanic deposition and river erosion before returning once again to our campsite.

Day 4

Lake Naivasha

Another leisurely start to the day! After breaking camp, we drive 30 minutes down the road to our next camp on the shores of stunning Lake Naivasha. In the afternoon we visit a flower farm to see how they grow, cut and pack roses for export to Europe. This area is one of the key flower producing areas in Kenya, supplying many of the leading UK supermarkets and an important source of export revenue for Kenya. After our tour we take a boat ride on Lake Naivasha and return to camp.

Day 5

Conservation centre

This morning we visit the acclaimed Elsamere Centre, which is dedicated to providing students the opportunity to learn about the value of conservation through demonstrations and guided nature walks. In the afternoon we will take a tour of the geothermal electrical generation plant.





Day
6

Lake Nakuru

We head off early and drive the short distance (110 km) to Lake Nakuru National Park. The park itself is a relatively small and compact area, based around the often flamingo-filled lake, making it a great location for spotting wildlife. Along with the other members of the Big Five, Lake Nakuru harbours rhinos and there will be a good chance of seeing one of these magnificent beasts. The park also has an extensive elephant population. We will camp outside the National Park.

Day
7

Mt Longonot volcanic trek

We pack up camp and depart for Mt Longonot, a dormant volcano last thought to have erupted in the 1860's. Today we take the 7.2 km walk up and around the vast dormant caldera which is 12km wide, a truly dramatic site. Once back on board our bus we'll transfer to Sagana which is a 4 hour drive through the tea plantations. Arrive late evening at Savage Wilderness camp on the Tana River.

Day
8

Various activity opportunities

There is the option to tailor today's activities according to what the group wants to do. We can visit a tea factory and take a tour around the tea plantations. We could also visit Mount Suswa, a massive double volcanic crater, where we can explore its dramatic lava caves. Mt. Suswa is one of the most spectacular mountains of the Rift Valley, it comprises a 12 km across double crater system, a vast network of obsidian caves and a variety of wild animals and plants. Finally there is the option to be involved in a school project, details of which will be available on request.

Day
9

White water rafting

Today we head to the Tana River, a drop pool river offering an exciting day of white water rafting. Starting with 3 km of easy class II and III white water, followed by a 6 km section with an hour or so of relaxation to view the abundance of bird life around, then cool off with a swim! The final 7 km of river, back to the campsite, starts with some easy class III waters where paddle commands are revised, followed by 3 big rapids (class IV and V) with names like Captains Folly, Can of Worms (because of its four 90 degree bends in succession) and Sphincter Flexor. Subject to water levels you may be able to "surf" in "fish eye" and then swim the next couple of minor rapids. We return to our camp for our last night under African skies for a final celebration meal and to relive the experiences and highlights of the past nine days.

Day
10-11

Transfer back to Nairobi and fly (possibly overnight) back to UK

We transfer back to Nairobi Jomo Kenyetta International airport for our flight back to the UK, depending on times, we may arrive back into the UK on day 11.

Further information

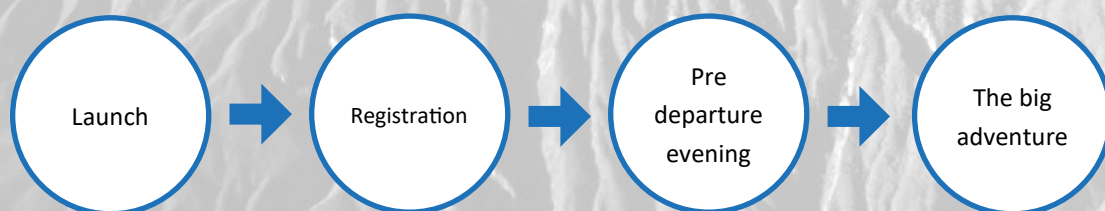
Look what's included!

- International flights
- All accommodation
- All food
- All transportation and activities
- Bi-lingual, first-aid qualified local tour leader
- Parent and student trip launch evening
- Pre-departure preparation evening
- 1-day offsite safety INSET day for staff
- ATOL financial protection
- Medical Emergency / Repatriation Travel Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Carbon offsetting of all flights
- Free t-shirt for every participant and teacher

What's excluded?

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations
- Personal spending money
- Tips for guides, drivers and porters
- Airport departure taxes paid locally
- Cancellation and personal effects insurance

Your educational journey timeline



Physical journey rating:



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase in your underlying fitness levels would help you get the most from this grade trip.

Culture shock rating:



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.



A journey of 1,000 miles...

Starts with a single step... Contact us now to start your educational journey.



1 Get your tailor-made proposal and further information

If this itinerary doesn't quite scratch your educational travel itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an itinerary just for you. Contact us for more information and a detailed quote.

2 Ask for risk assessments and marketing materials

We can provide initial risk assessments and destination threat assessments to help you with your expedition approval process. Ask for posters and your pre-booking information pack too.

3 Arrange a trip launch evening at your school

This is a chance for students and parents to hear more about the planned adventure with a comprehensive information evening and an opportunity for questions.



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