

Days for Girls

Here at The STC, we are proud to partner with Days for Girls as part of our Girls' School Adventures programmes. This partnership has been forged because we believe that travel and tourism should bring good to the communities involved. It's an incredible opportunity for girls in the UK to connect with girls and women overseas through something which connects them all. At the same time, this partnership will benefit local communities and empower women and girls across the globe.

DAYS
FOR GIRLS
INTERNATIONAL



About Days for Girls

Days for Girls is a grassroots, not-for-profit which aims for every woman and girl around the globe to have ready access to culturally, physically and environmentally hygienic solutions to menstrual hygiene. They do this through the distribution of Days for Girls kits. This is a simple and vital way of keeping girls in school and empowering women and is the perfect opportunity for girls on our trips to forge true connections with women across the globe.

During your Trip

Through Days for Girls and our in-country operations teams, we are able to include visits and activities within your itinerary which will really benefit the local community. This may be through a kit distribution to the rural villagers you are staying with, working alongside a local micro-enterprise to build kits in-country or a visit to a Days for Girls Centre to learn about what is being done on a larger scale.



Ambassadors of Women's Health

During any kit distribution, almost more important than the kit itself is the health and sanitation information which comes alongside it. Prior to leaving the UK, participants involved with Days for Girls will take part in the Ambassador of Women's Health Training which will allow them to teach local women about key issues including: crossing cultural bridges, human rights, menstruation facts, how to use the kits, hygiene, anatomy, puberty and menopause.

At School

Trips overseas can involve the whole school, not just the students and teachers heading abroad. Partnering with Days for Girls creates a host of opportunities for more than just the travelling group to be involved. From making kits in textiles clubs to school wide fundraising and running practice training sessions as part of PSHE sessions with younger pupils. In this way, the whole school can be inspired and feel the connection with women everywhere.



Get in Touch

For more information or to talk to us about a Girls' School Adventure including Days for Girls, please do not hesitate to get in touch.

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 The School
Travel Consultancy

www.thestc.co.uk/adventures/girls