



# Ghana

## Crater Lakes and Cocoa Co-ops

**11 Days**

Palm fringed beaches, vibrant markets and fair-trade plantations; cocoa community co-operatives, slave castles and canopy walk ways - Ghana is one of the friendliest countries in Africa, matched only by the treasure-trove of amazing educational opportunities on offer. With its rich culture and enchanting music, Ghana is a country you will quickly fall in love with. This short geography focused journey offers a unique insight into many aspects of Ghana - from the culture and landscape, to the people, Fairtrade movement and the educational system.



[Learn more about our Carbon Labels](#)



# Your Recommended Educational Journey

Day 1	<b>Arrive Ghana</b> Fly from the UK to Accra. Our local staff and vehicle will meet us at the airport, once we have navigated our way through immigration, the baggage hall, customs and the warm but busy welcome of the airport in general! We head straight to the guesthouse for a drink and light snack and an early night in preparation for tomorrow.	LD
Day 2	<b>Depart Accra and transfer to Elmina</b> We'll have an early start to get on the road and out of Accra before the traffic gets too heavy. Accra is a busy and typical African city, the sights, sounds and smells are so very distinctively African that this first day can be quite overwhelming, but it is just a taster of what is to come! We eat en-route as we head for our first base camp of the trip. Our cook will introduce us to Ghanaian food that is eaten around a camp fire, under African starlight.	BLD
Day 3	<b>Project Visit &amp; Batik Workshop</b> In the morning we have breakfast at the beach and then visit 'Global Mama's' – an inspiring non-profit and fair trade organisation assisting women in Africa to become economically independent. During this visit we learn about the challenges and successes of running these kinds of projects. After lunch we get our hands wet whilst being guided through a Batik Workshop, learning about this traditional pattern making process which is native to West Africa. This workshop takes most of the afternoon and occurs at Stumble Inn.	BLD
Day 4	<b>Kakum National Park</b> In the morning we visit Kakum National Park – a 357 sq. km area of protected jungle and rainforest. The highlight of the visit is the 40m high canopy walkway which gives a monkey's eye view of the forest below. We will learn about the disturbing rate at which Ghana's forest is being destroyed and the important role national parks and tourism plays in protecting them. We then head back to the beach for the late afternoon.	BLD
Day 5	<b>Educational Project Visit, Slave Trade Castles, Drumming workshop</b> Today we visit another local Charity called Sabre Trust to learn how their work is creating a brighter future for school children. As part of the visit we visit two schools to be able to understand the challenges behind achieving a proper education in the developing world. In the afternoon we visit a Private Day Care Centre to see another side of the education provision. After lunch and as the heat of the day fades slightly, we visit St. Georges Castle in Elmina. This is Ghana's oldest slave castle and a chilling memorial to the sickening trade of several million Africans being displaced to the plantations of the Americas and the Caribbean. In the early evening we are be met by Rasta Kobi who will put on a Drumming and Dance performance on the beach as the sun sets over the ocean. There is no doubt that Ghana's got rhythm and you will hear music where ever you go. A great opportunity to learn traditional drum skills.	BLD





Day 6	<b>Exploration, Kuapa Kokoo Cocoa co-operative</b> From here we will embark on the next leg of our journey and head for the cultural heart of Ghana, Kumasi. En route we aim to visit Kuapa Kokoo cocoa cooperative. If you have ever eaten Fair Trade chocolate in the UK, then there is a strong chance it comes from here. This is where the chocolate making process starts, and we will see how Fair Trade products are supporting the improvement of working conditions, banning of child labour and also ensuring women's voices are heard in decision making processes. This evening we are camping on the shores of the lovely Lake Bosomtwe, situated within an ancient meteorite impact crater and the only natural lake in Ghana.	BLD
Day 7	<b>Kumasi: Ashanti Kingdom and Markets</b> Early in the morning we will head into Kumasi, Ghana's second largest city and capital of the Ashanti Region. It is known as the Garden City. This city is famous for two things, being home to the Ashanti Kingdom and having the largest market, Kejetia Market, in West Africa. We will visit both! This is a vibrant city with lots to see and do. Spending the night here will be very different from Stumble Inn!	BLD
Day 8	<b>Travel to Volta Region</b> We will leave Kumasi and head east to the Volta Region which is a lush forested area situated between Lake Volta and Togo. The impressive hydro-electric dam creates much of Ghana's power. Lake Volta is the world's largest man-made lake. We will spend the night at Roots Yard.	BLD
Day 9	<b>Tafi Atome monkey sanctuary/Mt Afadjato to Peki</b> We have an action packed day. Firstly we will visit Tafi Atome village which offers the opportunity to get close to wild Mona monkeys. The local community believe the monkeys are messengers from God and therefore treated as sacred. We will then attempt to climb the highest mountain in Ghana. At approximately 885 metres above sea level, (2905 feet) Mount Afadjato on a clear day offers views of the neighbouring Togo, the Tagbo Waterfall, and the Volta Lake. In the afternoon we head back to Peki and our camp under the mango tree at Roots Yard.	BLD
Day 10	<b>Fairtrade banana co-operative, bead making</b> In the morning we will visit a Fairtrade banana co-operative which sells their produce to M&S in the UK. From here we make our way through the Shai Hills to see the Baboons and the beautiful landscapes. We will stop along the way at Krobo, the bead capital of Ghana. We will visit a fair trade bead assembly site to see how these traditional beads are made from recycled glass and then made into necklaces worn by all Ghanaian women around their waist. We will depart in plenty of time to reach Accra airport for our evening flight departure.	BLD
Day 11	<b>Arrive UK</b>	B





## Look what's included:

- International flights
- All accommodation, transportation and activities
- All food as described above
- Local, bi-lingual, first-aid qualified STC tour leader
- Parent and student trip launch presentation
- Pre-travel training programme
- 1-day offsite safety INSET day for school staff
- ATOL financial protection
- Emergency Medical & Repatriation Insurance
- Group first aid kit and prescription meds pack
- BS8848 safety management and risk assessments
- Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- Permanent operations team in your destination
- 24-hour UK operational support whilst overseas
- Donations to two carbon & conservation charities
- Free Fairtrade t-shirt for every participant and teacher
- Free travel guide book to your destination

## What's not included:

- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- Visas or tourist cards if required
- Any required inoculations or Covid tests
- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- Personal effects and cancellation insurance



## A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Many companies talk the talk, few truly walk the walk. While we are far from perfect, we are leading the way in sustainability in the school travel sector. In 2018 we were the first UK travel company to become **Travelife Certified** – a verified sustainability certificate formally recognised by the Global Sustainable Tourism Council.



Trees for Life

This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit:

<https://www.thestc.co.uk/travel/what-do-we-do/>



## Physical Rating for this trip: Grade 3



Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase in your underlying fitness levels would help you get the most from this grade trip.

## Cultural Rating for this trip: Grade 3



Students should expect some culture shock. You'll be exposed to signs of poverty. The food will be quite different to home and English, whilst still spoken, will be less prevalent. Respecting the local culture will make it easier to fit in and get the most out of your trip. We're likely to visit remoter locations on this tour where access to western style services may be sporadic. Often on trips of this grading there are parts of the itinerary which are more remote, interspersed with sections which are more 'comfortable'.



## Travel Safety & Other Pre-Travel Training

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to this educational journey. Topics covered will include:

### Responsible Tourism workshop

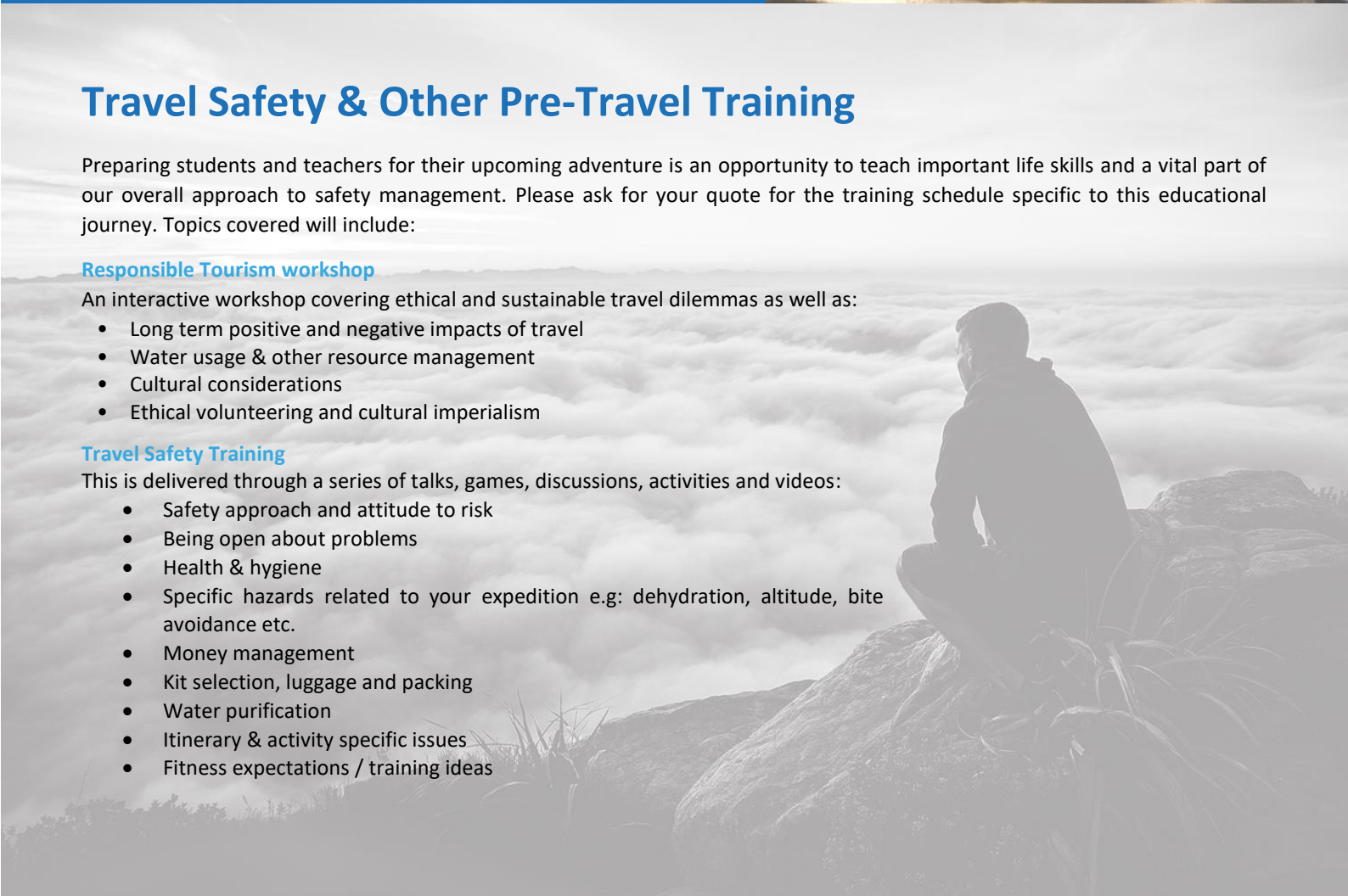
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

### Travel Safety Training

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas





# A journey of 1,000 miles...

**Starts with a single step...** Contact us now to start your educational journey

## 1 Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your adventure itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

## 2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your trip approval process. Ask for posters and your Pre-Booking Information Pack too.

## 3 Arrange a trip launch evening

This is a chance for students and parents to hear more about the planned adventure with comprehensive information covering the itinerary, safety management, the build-up to the trip and lots more. There is also plenty of opportunity for questions.



The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.



Our school trips and educational tours are all about maximising the learning opportunities of travel. It's all here, the humble school tour has just come of age.



Adventures, holidays and cultural journeys for teachers looking to 'Escape the Classroom' and discover more about our amazing world, its people and places.



*"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the in-country staff that you carefully cultivate and train are a cut above the rest."*

**Teacher feedback, King's High Warwick**

## Contact Us:

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