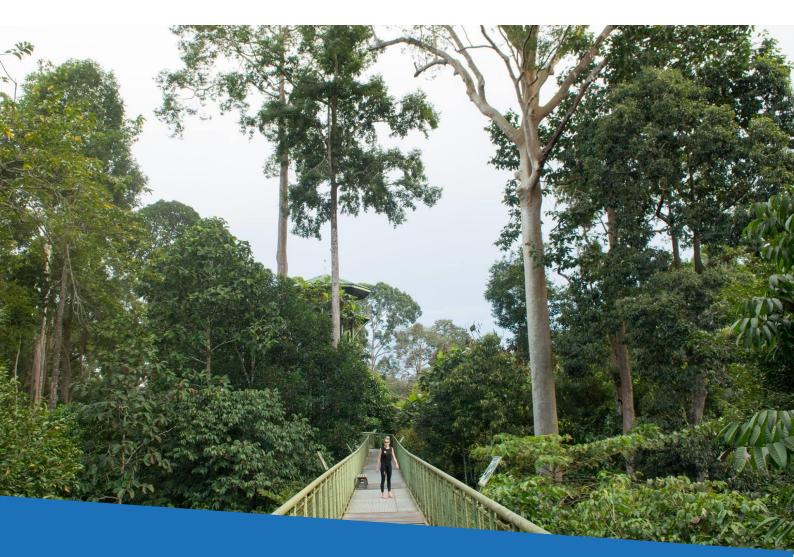


### ETHICAL SCHOOL ADVENTURES SINCE 2006





# Borneo

# **Monkeying Around the Island**

This magical journey will see us travel into the depths of the jungle in a brilliant adventure which offers a mix of physical challenge, local culture, incredible wildlife, beach relaxation and an understanding of the efforts being made to keep the environment here thriving.

Join us as we camp out in hammocks, spend time at a wildlife research centre and meet the famous orangutans of Sepilok. Not to mention how we will travel by every mode of transport imaginable! Island hopping by zip wire anyone? This truly is an adventure like no other and will throw up everything that Borneo has to offer.

# 12 Days



Learn more about our Carbon Labels

### Your Recommended Educational Journey

### Days 1 - 2 Fly from UK to Kota Kinabalu and Transfer to River Camp

Fly from the UK to Borneo before a connecting flight to Kota Kinabalu where we meet our Trip Leader. After a 90 minute bus ride, we reach the river camp at Rangalau where we spend our first night in Borneo; already immersed in the incredible wildlife and environment the island has to offer. Freshen up with a swim in the river before falling asleep in a hammock by the river and the noises of the jungle.

### Day 3 White Water Rafting, Cultural Show and Local Village Experience

This morning we embark on a 15km long white water rafting experience! The Kiulu River runs through the Kiulu Valley and jungle and includes gentle rapids to test our skills. Afterwards, we will be welcomed by a much needed BBQ of local delights.

In the afternoon, we drive to Kiau Village where we spend the night with local Dusun families. During the evening, we will enjoy a cultural show to learn more about their traditions and have the chance to hear stories from locals about their way of life.

#### Day 4 Jungle Hike and Camp

Today, we learn how to survive in the forests of Borneo! During a 4.5 hour trek, our Trip Leader will teach us the survival techniques which indigenous people have developed to allow them to thrive in the Bornean jungle as well as pointing out the amazing array of flora and fauna this environment has to offer. As night falls, we will head out for some frog hunting and listen to their croaking orchestra. Once more we will sleep in hammocks, the perfect way to become true explorers of the jungle

#### Day 5 Kinabalu Park Orchid Garden and Kudasang

We start our day with a 2-3 hour walk back out of the jungle, making the most of our new survival skills as we go. We are then be transferred to Kinabalu Park to visit the beautiful Orchid Garden. From here it is not far to transfer to our hostel near Kudasang where we stay this evening. In the afternoon, we visit the Kudasang War Memorial, which is dedicated to the British and Australian soldiers who died in the Sandakan POW Camp on their death marches to Ranau. Afterwards, we enjoy a stroll through the local market.

#### Day 6 Sepilok Orangutan Rehabilitation Centre

Today we rise early to travel to the famous Sepilok Orangutan Rehabilitation Centre. Upon arrival, we will be introduced to the centre by a video presentation. After lunch, we head down to the viewing platforms to watch Borneo's famous inhabitants, orangutans, enjoy their lunch! After marvelling at these majestic creatures we spend the night in a hostel in Sepilok.

#### Days 7 - 8 Danau Girang Field Centre

This morning, we travel by bus and boat to the Danau Girang Field Centre. This is a collaborative research and training facility, managed by Sabah Wildlife Department and Cardiff University, which aims to mitigate the loss of the Asian biodiversity. The Centre hopes to do this by establishing effective conservation strategies to enable the viable existence of tropical species, in highly fragmented landscapes, and is an incredible opportunity for us to see first hand the work which biologists do to conserve the delicate ecosystems of the planet. Our itinerary for the second day will depend on the activities at the Centre and could include a river cruise, a night walk or spending time with the scientists. If a trip to Danau Girang Field Centre is not possible we could go to Danum Valley Field Centre in Lahad Datu.

### Day 9 Kota Kinabalu

Today we travel by land, boat and air back to Kota Kinabalu after saying farewell to the researchers we have met. Upon arrival, usually around 4pm, we have the late afternoon free at our disposal to explore and/or relax.

### Day 10 Tropical Island Day

After the wonders of the Bornean jungle, we now have the chance to experience the beautiful sea and coral reefs off Kota Kinabalu. Once on the island, there is an abundance of beautiful beaches and forest treks for us to enjoy for the day. We will also get stuck in with an 'Environment Clean Up' and help to clear waste from some of the coastline.

### Days 11 - 12 Depart Kota Kinabalu

We say goodbye to our new friends for the journey home to the UK.

BLD

BLD

BLD

BLD

BLD

BLD



### Look what's included:

- · International flights
- · All accommodation, transportation and activities
- $\cdot$  All food as described above
- $\cdot$  Local, bi-lingual, first-aid qualified STC tour leader
- $\cdot$  Parent and student trip launch presentation
- · Pre-travel training programme
- $\cdot$  1-day offsite safety INSET day for school staff
- $\cdot$  ATOL financial protection
- · Emergency Medical & Repatriation Insurance

- · Group first aid kit and prescription meds pack
- · BS8848 safety management and risk assessments
- · Detailed pre-departure information and kit lists
- Comprehensive teacher travel packs
- · Permanent operations team in your destination
- · 24-hour UK operational support whilst overseas
- · Donations to two carbon & conservation charities
- Free Fairtrade t-shirt for every participant and teacher
- $\cdot$  Free travel guide book to your destination

- What's not included:
- Transport to airport in UK
- Drinks (advice will be given on purification of water)
- $\boldsymbol{\cdot}$  Visas or tourist cards if required
- $\cdot$  Any required inoculations or Covid tests

- Personal spending money
- Tips for guides, drivers and porters (ask for guidance)
- Airport departure taxes paid locally
- · Personal effects and cancellation insurance

### A word about Responsible Tourism

On our expeditions and educational journeys, we strive to connect teachers and students with the people they meet, nurture the cultures they experience and protect the beautiful environments they are lucky enough to explore.

Many companies talk the talk, few truly walk the walk. While we are far from perfect, we are leading the way in sustainability in the school travel sector. In 2018 we were the first UK travel company to become **Travelife Certified** – a verified sustainability certificate formally recognised by the Global Sustainable Tourism Council.



This is our passion, and we'd love to tell you more about it in due course. In the meantime, for more information on some of the steps we take as a company to make our operations more sustainable, please visit: https://www.thestc.co.uk/travel/what-do-we-do/

Trees for LIfe

### Physical Rating for this trip: Grade 3

## A A A A 3/5

Moderate physical activities are included in Grade 3 trips. Good health and reasonable fitness are important to get the most out of the trip. Trips of this grading are likely to include some walking at moderate altitude (up to 2,500m) and occasional longer/harder days may be involved, with between five and seven hours of walking on certain days. The trip may contain other activities such as cycling or rafting which also require physical effort and a reasonable level of fitness. Some steady preparation and an increase if your underlying fitness levels would help you get the most from this grade trip.

### Cultural Rating for this trip: Grade 4



Students joining trips at this level will find the comforts of home are more of a rarity – or viewed another way, a welcome luxury. English is unlikely to be widely spoken and the food will be quite different to home, perhaps for extended sections of the trip. You should observe local customs so not to cause offence. You'll be exposed to signs of poverty and accommodation in some locations is likely to be basic. Whilst a challenge, destinations and trips at cultural level 4 are also a fantastic opportunity to see a very different part of the world.



### **Travel Safety & Other Pre-Travel Training**

Preparing students and teachers for their upcoming adventure is an opportunity to teach important life skills and a vital part of our overall approach to safety management. Please ask for your quote for the training schedule specific to this educational journey. Topics covered will include:

### **Responsible Tourism workshop**

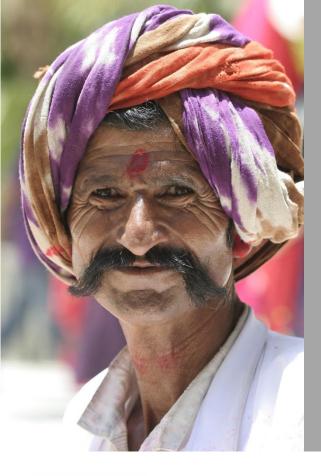
An interactive workshop covering ethical and sustainable travel dilemmas as well as:

- Long term positive and negative impacts of travel
- Water usage & other resource management
- Cultural considerations
- Ethical volunteering and cultural imperialism

### **Travel Safety Training**

This is delivered through a series of talks, games, discussions, activities and videos:

- Safety approach and attitude to risk
- Being open about problems
- Health & hygiene
- Specific hazards related to your expedition e.g: dehydration, altitude, bite avoidance etc.
- Money management
- Kit selection, luggage and packing
- Water purification
- Itinerary & activity specific issues
- Fitness expectations / training ideas



# A journey of 1,000 miles...

# **Starts with a single step...** Contact us now to start your educational journey

### **1** Ask for your personalised quote & further information

If this itinerary doesn't quite scratch your adventure itch then let us tailor-make one for you. Our wealth of experience and expert in-country contacts means we can design an adventure that's just right for you and your students. Contact us for more information and a detailed quote.

### 2 Ask for risk assessments and marketing materials

We can provide initial risk and threat assessments to help you with your trip approval process. Ask for posters and your Pre-Booking Information Pack too.

### 3 Arrange a trip launch evening

This is a chance for students and parents to hear more about the planned adventure with comprehensive information covering the itinerary, safety management, the build-up to he trip and lots more. There is also plenty of opportunity for questions.



The home of the modern, innovative school expedition, where a sustainable, ethical approach guarantees unique experiences and a life enhancing adventure.





Our school trips and educational tours are all about maximising the learning opportunities of travel. It's all here, the humble school tour has just come of age.

Adventures, holidays and cultural journeys forwayteachers looking to 'Escape the Classroom' andI todiscover more about our amazing world, itscopeople and places.To

"I am being completely serious when I say that I won't ever run a school trip without you guys. I trust you and your team completely - and the incountry staff that you carefully cultivate and train are a cut above the rest." **Teacher feedback,** King's High Warwick

## **Contact Us:**

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