

What's in a Days for Girls Kit?

Drawstring Bag x 1

A key piece of the kit allowing women and girls to carry their bags to school and work. Comfort, style and durability matter because this will be an accessory for up to three years.

Moisture Barrier Shields x 2

These hold liners comfortably in place while stopping leaks. These are pre loaded with one liner in one shield and two in the other to demonstrate how they can be adjusted according to flow. These are leak proof thanks to the moisture proof PUL lining.

Travel Sized Soap x 1

These are used to transport soiled items and to soak and launder items with very little water. Go for Ziploc branded (non-zipper or slider) because they are the most

Knickers x 2

Spare pairs for any mishaps.

Washcloth x 1

A useful addition to the kit and a useful starter tool when discussing hygiene.

Absorbent Tri-fold Pads x 8

Soft, flannel liners which are super absorbent when folded in three and can be layered for extra coverage. Infolded they are square so they dry fast and wash with very little water. Importantly, girls can wash them without risking taboos.

One Gallon Ziploc Freezer Bags x 2

These are used to transport soiled items and to soak and launder items with very little water. Go for Ziploc branded (non-zipper or slider) because they are the most durable.

Visual Instruction Sheet x 1

Used to ensure that recipients know how to use their kit and look after it.

