

# India: Suggested Itinerary

## Himalayan trekking and jungle adventure



India offers perhaps the most intense cultural experience anywhere in the world. Not only that, but it has endless opportunities for adventure, trekking and much else besides. If you can look beyond the dirt, pollution and poverty, India delivers challenging and eye opening opportunities for adventure travel. From snake charmers and Sadhus to snow capped mountains and dusty plains, there is contrast every where you turn. It is truly a destination like no other.

This 10 day trip takes in a trekking adventure in the spectacular Himalayan foothills, where you will have the chance to walk amongst awe-inspiring scenery, visit remote mountain villages, temples, subsistence farms and go on an overnight survival trek. Last but certainly not least, there is time to visit the classic travel icons of the Taj Mahal and Delhi's Red Fort.

### Cost & Inclusions

This trip is with one of the UK's leading school tour operators and represents a superb introduction to India and the geography of the Himalaya. A longer 2 week version is also available, which combines this itinerary with a rafting camp on the banks of the Ganges near the holy city of Rishikesh.

The cost for the trip would be approximately **£1150 per person** based on a group size of 30 paying and 3 teachers travelling free of charge.

**Price Includes:** All flights & transport, airport taxes, accommodation, guides (both local and from the UK), activities, all food, travel insurance.

**Excluded:** drinks, spending money, optional excursions, tips, visas.

**Passport & Visas:** A full passport valid for at least 6 months after return is required. British Citizens **do** need a visa for India - currently £30.



**Highlights:** Trekking in the Himalayan foothills, Survival and Bushcraft Training, Visit remote temples & villages, School & subsistence farm visit, Indian Music and Dance, Art & Photography.

**Transport:** Overnight Train, Bus, 4 x 4, On Foot

**Accommodation:** Fixed camp (Himalayan foothills), Hotel, Overnight train

- DAY 1** Fly from the UK overnight to Delhi.
- DAY 2** Arrive Delhi Airport and transfer to accommodation for lunch. Briefing followed by local sight seeing. After dinner board the night train for Kathgodham.
- DAY 3** Arrive at Kathgodham at 6 am and off by jeep to Sitlakhet camp in the foothills of the Himalaya. Breakfast en route. Arrive at Sitlakhet for lunch. Introductions and then a trek up to visit the local hill temple and infant school. In the evening make bandanas or learn to cook chapatis.
- DAY 4** Trek along a local ridge facing the Himalayan peaks. Then first aid training and learn some bushcraft & survival skills. Evening is spent preparing for tomorrow's Survival Trek
- DAY 5** Start of the jungle adventure. Acquire your equipment and food. Trek to find given coordinates and choose a bivvy site. Erect shelter, cook meal.
- DAY 6** Navigate back to camp, noting/photographing/filming the geography of the Himalaya. Evening spent evaluating the challenge, and learning Indian chants and dances around a campfire.
- DAY 7** Morning of optional activities & games and collecting samples and photographs. Afternoon transfer by jeep to Kathgodham and overnight by train to Delhi.
- DAY 8** Explore Delhi by chauffer driven car. Sight seeing to include Lutyens' Delhi to see India Gate, Parliament House and a Sikh temple. Then shopping at Dilli Haat, and Jan Path.
- DAY 9** Early start for a day trip by coach to Agra to see Taj Mahal and visit a marble factory.
- DAY 10** Return to London.

