

# IB CAS expeditions



The STC was established in 2006 after identifying the need for a dedicated service to help teachers and group leaders with the planning and arranging of educational tours, adventures and expeditions. Services to our clients are free and we offer a service of integrity and honesty based on the following guiding principles:

- That we remain wholly independent from the 35 or so travel companies we deal with, continually providing a balanced, impartial and value for money solution to our clients' travel needs.
- That party leaders should receive first class support and guidance at every stage, from planning and preparation through to the return.
- That all travellers should receive a quality travel experience that stretches their horizons and encourages understanding and respect for foreign cultures, the environment and each other.

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## Why plan an expedition?

Overseas expeditions can fulfil many aspects of the CAS curriculum and, if required, can be specifically tailored to individual subjects such as geography, history, biology or religion.

Foreign travel and adventurous expeditions provide a perfect learning platform for young people to gain valuable life skills and an appreciation of the wider world in which we live. They offer the chance to experience different cultures, adventure, meaningful project work, and traditional lifestyles, as well as to challenge pre-conceptions and to test participants (and teachers!) physically, emotionally and mentally. Expeditions create an environment in which team working skills, friendships and maturity develop naturally and are, of course,

also a great opportunity to witness some of the world's most extraordinary landscapes and cultures.

An expedition is defined simply as "a journey with a purpose". However, whatever the purpose of your expedition there will be many ways you can reach your goal and many factors will affect how best to approach things. Factors to consider include the destination you want to visit, style of travel, the nature of any project work, the qualifications and experience of school or college staff, budget, destination climates and the length of time you want to be away. No two expeditions are the same: it's our role to help you create one that is right for you.

## Bringing the Destination to Life:

We specialise in creating imaginative, tailor-made itineraries that enable you to really get "under the skin" of your destination. Itineraries that inspire, challenge and develop young people's understanding of our natural and human world. We can arrange trips in over 140 countries and across all seven continents. If you need inspiration on where to go, then we will be pleased to offer friendly advice from well-travelled staff.



## Project work possibilities:

Undertaking a community or conservation project is an ideal way to satisfy the Service element of CAS. We often hear that it was the project section of a trip that was the most impacting and fulfilling. Projects can vary widely in remit and can last from a day to a week or more. Whatever their nature, we are passionate that projects are responsible, sustainable and led by local need, rather than by the wishes of the operator or group.

## Comprehensive Quotations and Support:

We provide comprehensive quotations including all the reasoning behind our proposals, details of our recommended operator's experience, the suggested itinerary and detailed pre-departure information. We can also provide student flyers and presentations to parents to help launch the trip. On booking we have a dedicated range of leaflets and booklets to help in the planning and preparation for your trip.



## Responsible Tourism & Carbon Offsetting:

We believe we have a duty to arrange tours and expeditions that have minimal impact on a destination, while at the same time maximising the positive benefit to the economy and people. We encourage our clients to travel responsibly and many of the tour operators we deal with are recognised leaders in responsible tourism. We will also contribute 50% of the cost to offset the emissions from your flights, if the group agrees to pay the other 50%.